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# Kamla Nehru College of Pharmacy

Borkhedhi (gate), Butibori, Nagpur-441 108 (M.S.)

## Report of NSS Activities 2014-2015

### Campus Cleaning Activity

Under the "Swachh Bharat Abhiyan" Campus Cleaning Activity on Monday, 4<sup>th</sup> August 2014, the NSS volunteer has done campus cleaning from 7.00 am to 09.00 am. They have cleaned the main building area, play ground, library building area, parking area etc. In addition, all volunteer were actively participated in gardening of medicinal plants. In this activity 71 NSS volunteers and students and 6 faculty members actively participated. Different groups were made and each group members were allocated with a particular area for cleaning. Three groups were asked to collect all the stones from the ground separately in different sacs. The renewable such as dry leaves, twigs, papers etc. and nonrenewable wastes such as carry bags, and plastic items etc. were collected separately. The renewable waste was collected and burnt. At the end the NSS volunteers as well as the students were provided snacks.



  
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## Safe use of Drinking Water

Kamla Nehru College of Pharmacy conducted a one day event on 'Safe Use of Drinking Water' under Swachh Bharat Abhiyan at Shirul village on 16<sup>th</sup> November 2014.

The event was inaugurated by Dr. S. N. Umathe (Principal of College). He shared few words about importance of cleanliness. Villages have become proactive in order to ensure cleanliness of their environment and hygiene of people inhabiting those villages. Other than public toilets, personal toilets too have been constructed in order to avoid defecation at open places. In fact, effective measures are being taken up for managing dirty water and solid waste.

34 students were participated in the event and a rally was conducted for awareness of the villagers about the cleanliness. The villagers assured us about the cleanliness of village.



  
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## Importance of Cleanliness

Kamla Nehru College of Pharmacy, Butibori, Nagpur undertook a cleanliness drive with a spate of activities during the month of December, 2014 as in accordance to the nation-wide Swachh Bharat Cleanliness Campaign launched by Prime Minister on 2<sup>nd</sup> Oct., 2014. The college chalked out a plan to organize a wide range of events like one day seminar and awareness rally. A special one day seminar was carried out on 9<sup>th</sup> December 2014 by Mr. Lokesh T. Thote, Asst. Prof., Kamla Nehru College of Pharmacy, Butibori, Nagpur to reverberate to mission of the campaigning. The students took a pledge to clean their college, homes, public places & surroundings. Students were given handy tips to keep their surroundings and college clean. Around 45 students of NSS were participated in the event.



  
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## AIDS Awareness Rally

Kamla Nehru College of Pharmacy through its NSS activity conducted AIDS awareness program on 23<sup>rd</sup> December 2014 at the village, Bothali.

During the program rally consisting of students (50) and staff was organized. The students carried the banner displaying prevention and treatment of AIDS. The villagers were also guided about the misbeliefs related to AIDS. Villagers of Shirul were also guided regarding the treatment options available for AIDS. The queries raised by the people were solved through counseling. Altogether 50 students along with the staff participated in the program. Also the leaflets containing important information related to prevention of AIDS were distributed amongst the villagers. At the end of the program Sarpanch of Bothali village thanked team KNCP for its contribution.



  
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## Importance of Cleanliness for Healthy Life

Kamla Nehru College of Pharmacy conducted a one day event on Importance of cleanliness for Healthy Life under Swachh Bharat Abhiyan at Shirul village on 20<sup>th</sup> January 2015.

The event was inaugurated by Dr. S. N. Umathe (Principal of College). He shared few words about importance of cleanliness. When we know that Cleanliness is next to Godliness, so why are we still insensitive towards this issue? Unhygienic conditions can cause many serious health hazards including causing harm to the environment in the form of pollution. In filthy surroundings, germs spread all around, which we cannot see though our naked eyes and how fast these germs multiply we cannot possibly imagine. If pollution will increase in our environment – it will start breeding such diseases as asthma, cancer, chest congestion, lung infection thereby resulting in a person's death.

44 students were participated in the event under the guidance of Asst. Prof. Lokesh Thote, Programme Coordinator and a rally was conducted for awareness of the villagers about the cleanliness. The villagers assured us about the cleanliness of village.



  
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## Swine Flu Awareness Programme

The NSS Unit of Kamla Nehru College of Pharmacy, Butibori had organised Swine Flu Awareness programme on 20<sup>th</sup> January 2015.) at Shitul. 35 NSS volunteers participated in the same. The event was inaugurated by Dr. S. N. Umathe (Principal of College). He shared few words about Swine flu prevention. By simple hygiene and sanitation measures for cough, swine flu transmission can be effectively prevented. The purpose of this study was to know whether the people had enough knowledge about swine flu (H1N1) and to assess their knowledge about possible preventive measures to be taken including vaccination against swine flu epidemics.

35 students were participated in the event under the guidance of Asst. Prof. Lokesh Thote, Programme Coordinator and a rally was conducted for awareness of the villagers about the Swine flu. The villagers assured us about the cleanliness of village.



  
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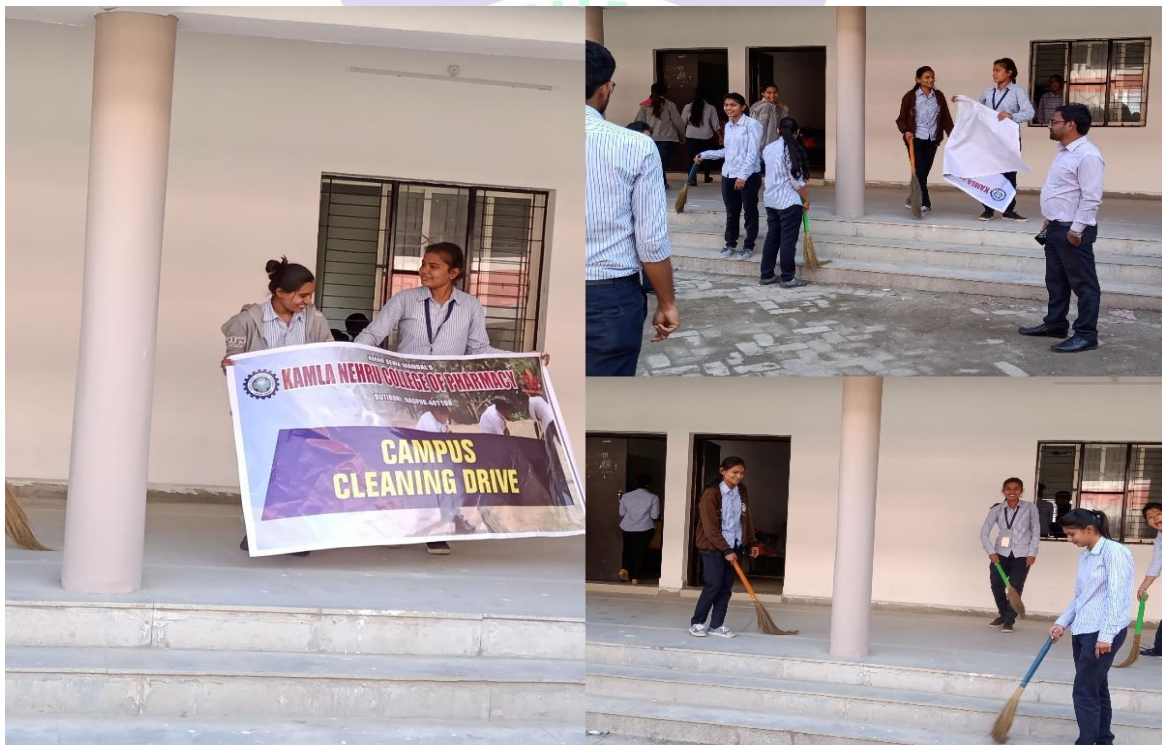
# Kamla Nehru College of Pharmacy

Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Cleanliness Drive

Our College organized Cleanliness Drive under Swachh Bharat Abhiyaan Programme on 10<sup>th</sup> February 2015. The main purpose of this programme was to create awareness among the students regarding Cleanliness and its benefits. Under this programme, all the students had to participate. Even teachers were the essential part of this drive. As a part of this Cleanliness Drive, we had to clean the whole College. The sweepers of the school had to be the observers.

Our Principal started the programme by cleaning the corners of the play ground. Then the teachers and students followed suit. Some of us picked brooms and started our job. Some of the students did the dusting of the rooms. And others went to the play ground and started picking wrappers lying scattered there. After collecting them they threw them in to the dustbins. After doing this job for two to three hours, we all assembled in the seminar hall. There we were given refreshment in the form of bananas and apples.



  
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## Campus Cleaning

The NSS Unit of Kamla Nehru College of Pharmacy, Butibori had organised Campus Cleaning on 13<sup>th</sup> February 2015. 43 NSS volunteers participated in the same. Before starting the Cleaning Dr. S. N. Umathe, Principal of College, briefed about the National Service Scheme. Volunteers cleaned the footpath outside the campus. Girl volunteers removed weed in the lawn and garden area. Boys volunteer cleaned the backside area of the institute. Some boy volunteers made circle around the trees so that maximum water can be retained by the tree. A snack was served at end of the activity.



  
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## Gram Swachhata Abhiyan

Under the "Swachh Bharat Abhiyan" Gram Swachhata Abhiyan on 14<sup>th</sup> February 2015, the NSS volunteer (40 Students) has done Gram Swachhata at Shirul. They have cleaned the main Gram panchayat Building, play ground, school area, roads etc. In addition, all volunteer were actively participated in gardening of medicinal plants. In this activity 40 NSS volunteers and 6 faculty members actively participated. Different groups were made and each group members were allocated with a particular area for cleaning. Three groups were asked to collect all the stones from the ground separately in different sacs. The renewable such as dry leaves, twigs, papers etc. and nonrenewable wastes such as carry bags, and plastic items etc. were collected separately. The renewable waste was collected and burnt. At the end the NSS volunteers as well as the students were provided snacks.



  
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## Women Safety Drive

Awareness program for Women safety was conducted Kamla Nehru College of Pharmacy, at Shirul Village on 9<sup>th</sup> March 2015.

The program made the women in the village aware of precautions to be taken during pregnancy and balanced diet for healthy mother and child. The program also guided the mothers of infants and other women about importance of breast feeding, vaccination and healthy balanced diet. Also the leaflets containing important information related to importance of breastfeeding and diet were distributed amongst the villagers. Queries raised by the women were solved through proper counseling and guidance.

During the program about 5 staff members and 40 students contributed. Diet charts for pregnant and lactating women were distributed amongst the villagers.



  
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## Report of NSS Activities 2015-2016

### Campus Cleaning

The NSS Unit of Kamla Nehru College of Pharmacy, Butibori had organised Campus Cleaning on 11<sup>th</sup> July 2015. 45 NSS volunteers participated in the same. Before starting the Cleaning Dr. S. N. Umathe, Principal of College, briefed about the National Service Scheme. Volunteers cleaned the footpath outside the campus. Girl volunteers removed weed in the lawn and garden area. Boys volunteer cleaned the backside area of the institute. Some boy volunteers made circle around the trees so that maximum water can be retained by the tree. A snack was served at end of the activity.



  
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## Blood Donation Camp

Under the NSS activity of Kamla Nehru College of Pharmacy, Butibori, Blood Donation camp was organized on 10<sup>th</sup> August 2015.

About 9 staff members, 8 non-teaching staff and 45 students donated their blood for saving life in general. About 67 students had participated as volunteers for the camp. After the initial testing's blood was collected from 63 donors.

After the donation the donors were given certificate along with the coffee and snacks. The blood donated during the camp was sent for storage to Jeevan Jyoti Blood Bank.

Principal of the college explained the importance of blood donation to the students and motivated them. The team of Jeevan Jyoti Blood was helpful and cooperative and contributed for the success of the camp.



  
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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Tree Plantation

On 18<sup>th</sup> August 2015, Kamla Nehru College of Pharmacy, Butibori, successfully completed the event of Tree Plantation under the National Service Scheme at College Campus, Trees are the foremost source for producing the oxygen in environment, they helps to reduce the level of CO<sub>2</sub>. As we all know that the whole world is facing the problem of global warming and to recover from such problem planting the trees is become one of the most important aspects today.

It was attended by NSS Programme Coordinator, Faculty Members and more than 20 student volunteers.

Under the Guidance of Asst. Prof. Lokesh Thote, NSS Program Coordinator, NSS volunteers planted more than 50 trees .The students also placed bricks as barricades and each student took the responsibility to nourish and maintain the allocated plant. Eventually, the ground attained a glorious look. The committee decided to proceed with the same inspiration, enthusiasm and zeal to enhance the beauty of the college.



  
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## De-addiction

The NSS unit of Kamla Nehru College of Pharmacy, Butibori, on 28<sup>th</sup> November 2015 took out an 'Anti-smoking, anti-drug, anti-alcohol rally' in Shirul village. The rally was conducted and led by Mr. Lokesh T. Thote, Asst. Prof. and Program Officer (NSS Unit) of Kamla Nehru College of Pharmacy, Butibori.

The people of the village were apprised about the ill-effect of intoxicants by giving them messages through placards and slogans carried and chanted by 33 NSS volunteers.



  
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## Safe Use of Medicine

Kamla Nehru College of Pharmacy through its NSS activity conducted Safe Use of Medicine program on 15<sup>th</sup> December 2015 at the village, Shirul.

Ms. Disha M. Dhabarde, Asst. Prof., Kamla Nehru College of Pharmacy, Butibori instructed the people of village and around 45 students of the college about the safe use of medicine. She elaborates following points,

- Read and follow your medication instructions
- Taking your medication safely
- Storing medication safely
- Medication side effects – common causes
- What to do if you experience side effects
- Where to get help

At the end of the program Sarpanch of Shirul village thanked team KNCP for its contribution.



  
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## AIDS AWARENESS RALLY

Kamla Nehru College of Pharmacy through its NSS activity conducted AIDS awareness program on 28<sup>th</sup> December 2015 at the village, Bothali.

During the program rally consisting of students and staff was organized. The students carried the banner displaying prevention and treatment of AIDS. The villagers were also guided about the misbeliefs related to AIDS. Villagers of Shirul were also guided regarding the treatment options available for AIDs. The queries raised by the people were solved through counseling. Altogether 40 students along with the staff participated in the program. Also, the leaflets containing important information related to prevention of AIDS were distributed amongst the villagers. At the end of the program Sarpanch of Shirul village thanked team KNCP for its contribution.



  
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## Importance of Cleanliness

Kamla Nehru College of Pharmacy conducted a one day event on Importance of cleanliness at Bothali village on 3<sup>rd</sup> February 2016.

The event was inaugurated by Dr. S. N. Umathe (Principal of College). He shared few words about importance of cleanliness. When we know that Cleanliness is next to Godliness, so why are we still insensitive towards this issue? Unhygienic conditions can cause many serious health hazards including causing harm to the environment in the form of pollution. In filthy surroundings, germs spread all around, which we cannot see though our naked eyes and how fast these germs multiply we cannot possibly imagine. If pollution will increase in our environment – it will start breeding such diseases as asthma, cancer, chest congestion, lung infection thereby resulting in a person's death.

40 students were participated in the event under the guidance of Asst. Prof. Lokesh Thote, Programme Coordinator and a rally was conducted for awareness of the villagers about the cleanliness. The villagers assured us about the cleanliness of village.



  
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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Campus Cleaning Activity

The NSS Unit of Kamla Nehru College of Pharmacy, Butibori had organised Campus Cleaning on 13<sup>th</sup> February 2016. 29 NSS volunteers participated in the same. Before starting the Cleaning Dr. S. N. Umathe, Principal of College, briefed about the National Service Scheme. Volunteers cleaned the footpath outside the campus. Girl volunteers removed weed in the lawn and garden area. Boys volunteer cleaned the backside area of the institute. Some boy volunteers made circle around the trees so that maximum water can be retained by the tree. A snack was served at end of the activity.



  
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## Safe Use of Medicine and Its Side Effects

Kamla Nehru College of Pharmacy through its NSS activity conducted Safe Use of Medicine and its Side Effects program on 18<sup>th</sup> February 2016 at the village, Bothali.

Ms. Disha M. Dhabarde, Asst. Prof., Kamla Nehru College of Pharmacy, Butibori instructed the people of village and around 50 students of the college about the safe use of medicine. She elaborates following points,

- Read and follow your medication instructions
- Taking your medication safely
- Storing medication safely
- Medication side effects – common causes
- What to do if you experience side effects
- Where to get help

Ms. Disha M. Dhabarde, also answer the question asked by villagers and the students. At the end of the program Sarpanch of Shirul village thanked team KNCP for its contribution.



  
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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Importance of Healthy Life

Kamla Nehru College of Pharmacy, Butibori conducted a one day event on Importance of Healthy Life at Shirul Village on 28<sup>th</sup> February 2016.

The Event was inaugurated by Dr. S. N. Umathe (Principal of College). He shared few words about importance of healthy life with the students and villagers. Living a healthy lifestyle can help prevent chronic diseases and long-term illnesses. Feeling good about yourself and taking care of your health are important for your self-esteem and self-image. Maintain a healthy lifestyle by doing what is right for your body.

A healthy lifestyle is one which helps to keep and improve people's health and well-being. Many governments and non-governmental organizations work at promoting healthy lifestyles. The ways to being healthy include healthy eating, physical activities, weight management, and stress management. Total 40 students participated in the event.



  
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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Reports on NSS Activities 2016-2017

### Tree Plantation Campaign

On 28<sup>th</sup> July 2016, Kamla Nehru College of Pharmacy, Butibori, successfully completed the event of Tree Plantation under the National Service Scheme at the college. Trees are the foremost source for producing the oxygen in environment, they helps to reduce the level of CO<sub>2</sub>. As we all know that the whole world is facing the problem of global warming and to recover from such problem planting the trees is become one of the most important aspects today.

It was attended by NSS Program Coordinator, Faculty Members and more than 40 student volunteers.

Under the Guidance of Asst. Prof. Lokesh Thote, NSS Program Coordinator, NSS volunteers planted more than 38 trees. The students also placed bricks as barricades and each student took the responsibility to nourish and maintain the allocated plant. Eventually, the ground attained a glorious look. The committee decided to proceed with the same inspiration, enthusiasm and zeal to enhance the beauty of the college.



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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Campus Cleaning

Our College organized Cleanliness Drive under Swasth Bharat Abhiyaan Programme on 8<sup>th</sup> August 2016. The main purpose of this programme was to create awareness among the students regarding Cleanliness and its benefits. Under this programme, all the students had to participate. Even teachers were the essential part of this drive. As a part of this Cleanliness Drive, we had to clean the whole College. The sweepers of the school had to be the observers.

Our Principal started the programme by cleaning the corners of the play ground. Then the teachers and students followed suit. Some of us picked brooms and started our job. Some of the students did the dusting of the rooms. And others went to the play ground and started picking wrappers lying scattered there. After collecting them they threw them in to the dustbins. After doing this job for two to three hours, we all assembled in the seminar hall. There we were given refreshment in the form of bananas and apples.



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## AIDS AWARENESS RALLY

Kamla Nehru College of Pharmacy through its NSS activity conducted AIDS awareness program on 1<sup>st</sup> December 2016 at the village, Bothali.

During the program rally consisting of students and staff was organized. The students carried the banner displaying prevention and treatment of AIDS. The villagers were also guided about the misbeliefs related to AIDS. Villagers of Shirul were also guided regarding the treatment options available for AIDs. The queries raised by the people were solved through counseling. Altogether 50 students along with the staff participated in the program. Also the leaflets containing important information related to prevention of AIDS were distributed amongst the villagers. At the end of the program Sarpanch of Bothali village thanked team KNCP for its contribution.



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## Importance of Cleanliness

Kamla Nehru College of Pharmacy conducted a one day event on Importance of cleanliness at Bothali village on 15<sup>th</sup> December 2016.

The event was inaugurated by Dr. J. R. Baheti (Principal of College). He shared few words about importance of cleanliness. When we know that Cleanliness is next to Godliness, so why are we still insensitive towards this issue? Unhygienic conditions can cause many serious health hazards including causing harm to the environment in the form of pollution. In filthy surroundings, germs spread all around, which we cannot see though our naked eyes and how fast these germs multiply we cannot possibly imagine. If pollution will increase in our environment – it will start breeding such diseases as asthma, cancer, chest congestion, lung infection thereby resulting in a person's death.

56 students were participated in the event under the guidance of Asst. Prof. Lokesh Thote, Programme Coordinator and a rally was conducted for awareness of the villagers about the cleanliness. The villagers assured us about the cleanliness of village.



*J. R. Baheti*

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## Importance of Cleanliness

Kamla Nehru College of Pharmacy conducted a one day event on Importance of cleanliness at Butibori village on 29<sup>th</sup> December 2016.

The event was inaugurated by Dr. J. R. Baheti (Principal of College). He shared few words about importance of cleanliness. When we know that Cleanliness is next to Godliness, so why are we still insensitive towards this issue? Unhygienic conditions can cause many serious health hazards including causing harm to the environment in the form of pollution. In filthy surroundings, germs spread all around, which we cannot see though our naked eyes and how fast these germs multiply we cannot possibly imagine. If pollution will increase in our environment – it will start breeding such diseases as asthma, cancer, chest congestion, lung infection thereby resulting in a person's death.

58 students were participated in the event under the guidance of Asst. Prof. Lokesh Thote, Programme Coordinator and a rally was conducted for awareness of the villagers about the cleanliness. The villagers assured us about the cleanliness of village.



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## Importance of Cleanliness

Kamla Nehru College of Pharmacy conducted a one day event on Importance of cleanliness at Shirul village on 6<sup>th</sup> February 2017.

The event was inaugurated by Dr. J. R. Baheti (Principal of College). He shared few words about importance of cleanliness. When we know that Cleanliness is next to Godliness, so why are we still insensitive towards this issue? Unhygienic conditions can cause many serious health hazards including causing harm to the environment in the form of pollution. In filthy surroundings, germs spread all around, which we cannot see though our naked eyes and how fast these germs multiply we cannot possibly imagine. If pollution will increase in our environment – it will start breeding such diseases as asthma, cancer, chest congestion, lung infection thereby resulting in a person's death.

45 students were participated in the event under the guidance of Asst. Prof. Lokesh Thote, Programme Coordinator and a rally was conducted for awareness of the villagers about the cleanliness. The villagers assured us about the cleanliness of village.



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## Importance of Cleanliness

Kamla Nehru College of Pharmacy conducted a one day event on Importance of cleanliness at Bothali village on 6<sup>th</sup> February 2017.

The event was inaugurated by Dr. J. R. Baheti (Principal of College). He shared few words about importance of cleanliness. Cleanliness is a good habit and not everyone is born with it, so those who don't practice cleanliness try and make them understand the benefits that cleanliness entails rather than forcing your viewpoint on others. Cleanliness can be of varied types, such as personal cleanliness, environment cleanliness, workplace cleanliness (such as our office, school, college, etc.). It doesn't take much to maintain cleanliness in our day-to-day lives – just like we cook, eat, bathe, etc on a regular basis similarly maintaining cleanliness should also be made an integral part of our daily work lives. In fact, just by ensuring small-small things, such as throwing trash in the dustbin and not on the floor or road, not spitting or urinating on the road, etc. we can bring a substantial change in our surroundings.

45 students were participated in the event under the guidance of Asst. Prof. Lokesh Thote, Programme Coordinator and a rally was conducted for awareness of the villagers about the cleanliness. The villagers assured us about the cleanliness of village.



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## Campus Cleaning Activity

Under the "Swachh Bharat Abhiyan" Campus Cleaning Activity On 25<sup>th</sup> February 2017, the NSS volunteer has done campus cleaning from 7.00 am to 09.00 am. They have cleaned the main building area, play ground, library building area, parking area etc. In addition, all volunteer were actively participated in gardening of medicinal plants. In this activity 32 NSS volunteers and 6 faculty members actively participated. Different groups were made and each group members were allocated with a particular area for cleaning. Three groups were asked to collect all the stones from the ground separately in different sacs. The renewable such as dry leaves, twigs, papers etc. and nonrenewable wastes such as carry bags, and plastic items etc. were collected separately. The renewable waste was collected and burnt. At the end the NSS volunteers as well as the students were provided snacks.



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# Kamla Nehru College of Pharmacy

Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Reports on NSS Activities 2017-2018

### WOMENS SAFETY DRIVE

Awareness program for Women safety was conducted Kamla Nehru College of Pharmacy, at Bothali Village on 7<sup>th</sup> August 2017.

The program made the women in the village aware of precautions to be taken during pregnancy and balanced diet for healthy mother and child. The program also guided the mothers of infants and other women about importance of breast feeding, vaccination and healthy balanced diet. Also the leaflets containing important information related to importance of breastfeeding and diet were distributed amongst the villagers. Queries raised by the women were solved through proper counseling and guidance.

During the program about 40 students contributed. Diet charts for pregnant and lactating women were distributed amongst the villagers.



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## BLOOD DONATION CAMP

Under the NSS activity of Kamla Nehru College of Pharmacy, Butibori, Blood Donation camp was organized on 10<sup>th</sup> August 2017 on the occasion on Birth Anniversary of Late Shri. Govindrao Wanjari, Founder of Amar Sewa Mandal.

About 6 staff members, 5 non-teaching staff and 39 students donated their blood for saving life in general. About 58 students had participated as volunteers for the camp. After the initial testing's blood was collected from 50 donors.

After the donation the donors were given certificate along with the coffee and snacks. The blood donated during the camp was sent for storage to Jeevan Jyoti Blood Bank.

Principal of the college Dr. Jagdish R. Baheti explained the importance of blood donation to the students and motivated them. The team of Jeevan Jyoti Blood was helpful and cooperative and contributed for the success of the camp.



*J. Baheti*

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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Campus Cleaning

The NSS Unit of Kamla Nehru College of Pharmacy, Butibori had organised Campus Cleaning on 8<sup>th</sup> September 2017. 42 NSS volunteers participated in the same. Before starting the Cleaning Dr. J. R. Baheti, Principal of College, briefed about the National Service Scheme. Volunteers cleaned the footpath outside the campus. Girl volunteers removed weed in the lawn and garden area. Boys volunteer cleaned the backside area of the institute. Some boy volunteers made circle around the trees so that maximum water can be retained by the tree. A snack was served at end of the activity.



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## Importance of Cleanliness

On the occasion on Birth Anniversary of Late Shri. GovindraoWanjari, Founder of Amar Sewa Mandal, Kamla Nehru College of Pharmacy conducted a oneday event on Importance of cleanliness at Bothali village on 25<sup>th</sup> September 2017.

The event was inaugurated by Dr. J. R. Baheti (Principal of College). He shared few words about importance of cleanliness. Cleanliness is monumentally important and must be practiced daily. If we will keep ourselves and our surroundings clean, it will help in nation building exercise too because it will then encourage more and more foreign tourists to visit our land and appreciate its beauty, nature and living surroundings. Of course, no one wants to visit a foul land. So adopt a lifestyle and nurture a surrounding where there is no threat to nature and the living beings and everyone can live in a harmonious co-existence.

45 students were participated in the event under the guidance of Asst. Prof. Lokesh Thote, Programme Coordinator and a rally was conducted for awareness of the villagers about the cleanliness. The villagers assured us about the cleanliness of village.



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# Kamla Nehru College of Pharmacy

Borkhedhi (gate), Butibori, Nagpur-441 108 (M.S.)

## Tree Plantation Campaign

Kamla Nehru College of Pharmacy, Butibori presents one day event on **Tree Plantation on 19<sup>th</sup> January 2018**. Our college has successfully completed the event of Tree Plantation at Gram Bothali. Trees are the foremost important source for producing the Oxygen in environment. They helps to reduce the level of Carbon dioxide gas in the atmosphere. As we all know that the whole world is facing the problem of Global Warming and to recover from such problem planting the trees is become one of the most important aspects today.

The Tree Plantation Event was inaugurated by Dr. J. R. Baheti (Principal of College). He shared few words about importance of trees in the environment with the students. He planted two to three plants in the surrounding of Gram Shirul and also watered the plants. Thereafter other teaching and non teaching staff together with great interest has plants more than 30 plants. The students of Second Year and Final Year were also the Participants. The students also planted Neem tree, Mango tree, Peeple tree, flowering plants and other shadow plants in the Bothali ground.



*J. R. Baheti*

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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

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## Awareness on Water Borne Diseases

Awareness program on Water Borne Diseases was conducted Kamla Nehru College of Pharmacy, at Shirul Village on 19<sup>th</sup> January 2018.

Dr. Jagdish R. Baheti, Principal, Kamla Nehru College of Pharmacy, Butibori, focuses on poor water quality becomes inevitable when water gets polluted with industrial waste, human waste, animal waste, garbage, untreated sewage, chemical effluents, etc. Drinking or cooking with such polluted water leads to waterborne diseases and infections such as amoebiasis, giardiasis, and toxoplasmosis.

Dr. parimal P. Katolkar, Asso. Prof., Kamla Nehru College of Pharmacy, Butibori address the precautions to prevent waterborne disease:

- Ensure the water is visibly clean and free from sand and silt. Filter the water to get rid of visible dirt.
- Drink only clean and safe water – either portable water or water filtered through water purifiers.
- Get water purifying devices like filters, RO unit, etc., regularly serviced and maintained.
- Ensure stored water is germ-free.
- Add antiseptic liquid, such as Dettol in dubious-looking bathing water.
- Hand hygiene – regularly wash hands with soap after returning home, after using the toilet, before and after preparing food, before eating or drinking anything.
- Teach hand hygiene to children. Children should make it a habit to always wash hands when returning home after playing games.
- Ensure food is washed and thoroughly cooked.
- Use disposable glass and plates whenever possible when eating outside food, particularly street food.
- Avoid eating stale cooked food, unrefrigerated food kept exposed outside for long hours.
- Take vaccinations for immunization against preventable diseases like Typhoid, Hepatitis A, Polio, etc.



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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

Around 35 students conducted rally on the said topic for the villagers. The Sarpanch of the village thanks the team KNCP.



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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Campus Cleaning

The NSS Unit of Kamla Nehru College of Pharmacy, Butibori had organised Campus Cleaning on 5<sup>th</sup> February 2018. 47 NSS volunteers participated in the same. Before starting the Cleaning Dr. J. R. Baheti, Principal of College, briefed about the National Service Scheme. Volunteers cleaned the footpath outside the campus. Girl volunteers removed weed in the lawn and garden area. Boys volunteer cleaned the backside area of the institute. Some boy volunteers made circle around the trees so that maximum water can be retained by the tree. A snack was served at end of the activity.



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## Importance of Tree Plantation

The NSS Unit of Kamla Nehru College of Pharmacy, Butibori had organised Importance of Tree Plantation campaign at Shirul on 6<sup>th</sup> February 2018.

Dr. J. R. Baheti, Principal, Kamla Nehru College of Pharmacy, Butibori address the gathering. Green trees and plants are life savers as they inhale all the carbon dioxide from the atmosphere and exhale oxygen when they prepare their food using photosynthesis. This process has actually kept the balance of different gas compositions in our atmosphere so that nothing will exceed its natural rate. Increased use of technologies and combustion fuels have considerably increased the carbon content of our surrounding air. But the lack of green trees, who absorbs such carbon gas has caused a massive problem of increased carbon rate in the air. This increase has also negatively affected the oxygen rate we breathe that is exhaled by the tree as well.

Around 30 students conducted rally on the said topic for the villagers. The Sarpanch of the village thanks the team KNCP.



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## Cleanliness Drive

Our College organized Cleanliness Drive under Swasth Bharat Abhiyaan Programme on 6<sup>th</sup> February 2018. The main purpose of this programme was to create awareness among the students regarding Cleanliness and its benefits. Under this programme, 30 students had to participate. Even teachers were the essential part of this drive. As a part of this Cleanliness Drive, we had to clean the whole College. The sweepers of the school had to be the observers.

Our Principal started the programme by cleaning the corners of the play ground. Then the teachers and students followed suit. Some of us picked brooms and started our job. Some of the students did the dusting of the rooms. And others went to the play ground and started picking wrappers lying scattered there. After collecting them they threw them in to the dustbins. After doing this job for two to three hours, we all assembled in the seminar hall. There we were given refreshment in the form of bananas and apples.



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## HEALTH CHECKUP CAMP

Kamla Nehru College of Pharmacy under its NSS work conducted Health Check-up Camp for the person of Shirul Village was conducted on 8<sup>th</sup> February 2018. People of the Shirul Village were made aware of importance of good health and were guided for various health related problems and precautions to be taken to stay healthy. They were also guided about healthy eating habits. The Blood Pressure, Blood Group, Haemoglobin, pulse rate Determination of 70 villagers was done during the camp.

About 11 teaching 10non teaching and around 30 students had contributed for the success of this health check-up camp.



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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Awareness and Motivation of Students on Health Sanitation and Environment

The NSS Unit of Kamla Nehru College of Pharmacy, Butibori had organised a camp on awareness and motivation of students on health sanitation and environment at Butibori on 10<sup>th</sup> February 2018.

Dr. J. R. Baheti, principal, Kamla Nehru College of Pharmacy, Butibori highlights the health impacts on sanitation. The diseases associated with poor sanitation are particularly correlated with poverty and infancy and alone account for about 10% of the global burden of disease. Of human excreta, faeces are the most dangerous to health. One gram of fresh faeces from an infected person can contain around  $10^6$  viral pathogens,  $10^6$ – $10^8$  bacterial pathogens,  $10^4$  protozoan cysts or oocysts, and  $10$ – $10^4$  helminth eggs.

About 35 students participated in the event and they got benefited as well as villagers. The Sarpanch of the Butibori congratulated the team KNCP for the success of the programme.



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# Kamla Nehru College of Pharmacy

Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Reports on NSS Activities 2018-2019

### Tree Plantation Campaign

Kamla Nehru College of Pharmacy, Butibori presents one day event **on Tree Plantation –on 1<sup>st</sup> August 2018**. Our college has successfully completed the event of Tree Plantation at College premises. Trees are the foremost important source for producing the Oxygen in environment. They help to reduce the level of Carbon dioxide gas in the atmosphere. As we all know that the whole world is facing the problem of Global Warming and to recover from such problem planting the trees is become one of the most important aspects today.

The Tree Plantation Event was inaugurated by Dr. J. R. Baheti (Principal of College). He shared few words about importance of trees in the environment with the students. He planted two to three plants in the surrounding of college campus and also watered the plants. Thereafter other teaching and non teaching staff together with great interest has plants more than 40 plants. The 45 students of Second Year and Final Year were also the Participants. The students also planted Neem tree, Mango tree, Peepal tree, flowering plants and other shadow plants in the college ground.



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# Kamla Nehru College of Pharmacy

Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Awareness on Air Borne Disease

Kamla Nehru College of Pharmacy, Butibori conducted a one day event on awareness on air borne diseases for the villagers of gram Shirul on 1<sup>st</sup> August 2018.

During inauguraed speech, Dr. J. R. Baheti, Principal, tells there are three main types of organisms that can cause **airborne diseases**, including viruses, bacteria, and fungi. Some **examples of airborne diseases** include the flu, tuberculosis, and valley fever. Chickenpox and the measles can also be caused by **airborne** pathogens.

Of the seven most common waterborne diseases in the world, **diarrhea** is the central symptom. Dr. ParimalKatolkar, Associate Professor, emphasis on **what you can do to prevent spreading an airborne disease**

- Avoid close contact with people who have active symptoms of disease.
- Stay home when you're sick. ...
- If you must be around others, wear a face mask to prevent spreading or breathing in germs.
- Cover your mouth when you cough or sneeze.

Many villagers and around 45 students were participated. The villagers ask for many more such activities.



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## BLOOD DONATION CAMP

Under the NSS activity of Kamla Nehru College of Pharmacy, Butibori, Blood Donation camp was organized on 10<sup>th</sup> August 2018.

About 6 staff members, 8 non-teaching staff and 53 students donated their blood for saving life in general. About 76 students had participated as volunteers for the camp. After the initial testing's blood was collected from 67 donors.

After the donation the donors were given certificate along with the coffee and snacks. The blood donated during the camp was sent for storage to Jeevan Jyoti Blood Bank.

Principal of the college Dr. Jagdish R. Baheti explained the importance of blood donation to the students and motivated them. The team of Jeevan Jyoti Blood was helpful and cooperative and contributed for the success of the camp.



*J. Baheti*

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# Kamla Nehru College of Pharmacy

Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Free Eye Check up Camp

A free eye checkup camp was organized by Kamla Nehru College of Pharmacy, Butibori, Nagpur on 14<sup>th</sup> August 2019 for the people in and around Butibori, Dist - Nagpur. The objective of this camp was to spread awareness on eye disorders and their early detection among the people.

The camp was organized in collaboration with Kamal Opticals, Nagpur. About 120 patients were examined and free glasses were distributed to needy patients, the organizer also serves snacks and tea to the visitors.

Mr. Lokesh Thote, Assiatant Professor, Department of Pharmaceutical Chemistry and proprietor of Kamal Optical, Nagpur coordinated this camp. All teaching, non teaching staff and students help for success of camp.

Dr. Suhasini Wanjari, President, Adv. Abhijit G. Wanjarri, Secretary, Amar Sewa Mandal and Dr. J. R. Baheti, Principal Kamla Nehru College of Pharmacy, Butibori, Nagpur congratulated the faculty, nonteaching and students for the successful organization of camp.



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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Campus Cleaning

The NSS Unit of Kamla Nehru College of Pharmacy, Butibori had organised Campus Cleaning on 11<sup>th</sup> September 2018. 45 NSS volunteers participated in the same. Before starting the Cleaning Dr. J. R. Baheti, Principal of College, briefed about the National Service Scheme. Volunteers cleaned the footpath outside the campus. Girl volunteers removed weed in the lawn and garden area. Boys volunteer cleaned the backside area of the institute. Some boy volunteers made circle around the trees so that maximum water can be retained by the tree. A snack was served at end of the activity.



*J. R. Baheti*

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## Cleanliness Drive

Our College organized Cleanliness Drive on 2<sup>nd</sup> October under Swachha Bharat Abhiyaan Programme on the occasion of Gandhi Jayanti. The main purpose of this programme was to create awareness among the students regarding Cleanliness and its benefits. Under this programme, all the students had to participate. Even teachers were the essential part of this drive. As a part of this Cleanliness Drive, we had to clean the whole College and some part of Butibori Village and creates awareness of cleaning among the villagers. The sweepers of the school had to be the observers.

Our Principal started the programme by cleaning the corners of the play ground. Then the teachers and students (around 76) followed suit. Some of us picked brooms and started our job. Some of the students did the dusting of the rooms. And others went to the play ground and started picking wrappers lying scattered there. After collecting them they threw them in to the dustbins. After doing this job for two to three hours, we all assembled in the seminar hall. There we were given refreshment in the form of bananas and apples.



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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Importance of Cleaning

Kamla Nehru College of Pharmacy conducted a one day event on Importance of cleanliness at Shirul village on 7<sup>th</sup> October 2018.

The event was inaugurated by Dr. J. R. Baheti (Principal of College). He shared few words about importance of cleanliness. When we know that Cleanliness is next to Godliness, so why are we still insensitive towards this issue? Unhygienic conditions can cause many serious health hazards including causing harm to the environment in the form of pollution. In filthy surroundings, germs spread all around, which we cannot see though our naked eyes and how fast these germs multiply we cannot possibly imagine. If pollution will increase in our environment – it will start breeding such diseases as asthma, cancer, chest congestion, lung infection thereby resulting in a person's death.

60 students were participated in the event under the guidance of Asst. Prof. Lokesh Thote, Programme Coordinator and a rally was conducted for awareness of the villagers about the cleanliness. The villagers assured us about the cleanliness of village.



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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Importance of Healthy Life

Kamla Nehru College of Pharmacy, Butibori conducted a one day event on Importance of Healthy Life at Shirul on 4<sup>th</sup> February 2019.

The Event was inaugurated by Dr. J. R. Baheti (Principal of College). He shared few words about importance of healthy life with the students and villagers. Living a healthy lifestyle can help prevent chronic diseases and long-term illnesses. Feeling good about yourself and taking care of your health are important for your self-esteem and self-image. Maintain a healthy lifestyle by doing what is right for your body.

A healthy lifestyle is one which helps to keep and improve people's health and well-being. Many governments and non-governmental organizations work at promoting healthy lifestyles. The ways to being healthy include healthy eating, physical activities, weight management, and stress management. For this event around 62 students and 5 teaching faculty were participated.



*J. R. Baheti*

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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Campus Cleaning

Under the "Swachh Bharat Abhiyan" Campus Cleaning Activity On 6<sup>th</sup> February 2019, the NSS volunteer has done campus cleaning from 7.00 am to 09.00 am. They have cleaned the main building area, play ground, library building area, parking area etc. In addition, all volunteer were actively participated in gardening of medicinal plants. In this activity 50 NSS volunteers and 6 faculty members actively participated. Different groups were made and each group members were allocated with a particular area for cleaning. Three groups were asked to collect all the stones from the ground separately in different sacs. The renewable such as dry leaves, twigs, papers etc. and nonrenewable wastes such as carry bags, and plastic items etc. were collected separately. The renewable waste was collected and burnt. At the end the NSS volunteers as well as the students were provided snacks.



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# Kamla Nehru College of Pharmacy

Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Judicious use of electricity, water harvesting and importance of ground water

Awareness program for judicious use of electricity, water harvesting and importance of ground water was conducted Kamla Nehru College of Pharmacy, at Bothali Village on 13<sup>th</sup> February 2019. The program was organized for villagers and students.

Dr. J. R. Baheti, Principal, focuses on why should we use electricity judiciously. He shared few words about resources include food, water, basic amenities, **electricity** etc. **We should use** the resources **judiciously** so that each and every individual gets sufficient amount of resources. ... So, to cater the needs of growing population and future generations, resources **should be used judiciously** by us.

Dr. Pravin B. Suruse, Asst. Prof., speaks about the importance of rainwater harvesting. The **importance of rainwater harvesting** lies in the fact that it can be stored for future use. Just as it can be used directly so also the stored **water** can be utilized to revitalize the ground level **water** and improve its quality. This also helps to raise the level of ground **water** which then can be easily accessible.

Dr. Mahendra C. Gunde, Asst. Prof., speaks on importance of ground water. Groundwater, which is in [aquifers](#) below the surface of the Earth, is one of the Nation's most important natural resources. Groundwater is the source of about 37 percent of the water that county and city water departments supply to households and businesses (public supply). It provides drinking water for more than 90 percent of the rural population who do not get their water delivered to them from a county/city water department or private water company.

Many villagers and around 63 students were participated. The villagers ask for many more such activities.



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# Kamla Nehru College of Pharmacy

Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)



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BUTIBORI, NAGPUR-441108



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Borkhedi (gate), Butibori, Nagpur-441 108 (M.S.)

## Awareness on Cleanliness and Hygiene

Our College organized awareness on Cleanliness and hygiene under Swacch Bharat Abhiyaan Programme 14<sup>th</sup> February 2019. The main purpose of this programme was to create awareness among the villagers of Gram Shirul regarding Cleanliness and its benefits. Under this programme, the 60 students had to participate. Even teachers were the essential part of this drive. As a part of this Cleanliness Drive, we had to clean the whole village. The villagers are also participated enthusiastically.

Our Principal started the programme by cleaning the corners of the play ground of the village. Then the teachers and students followed suit. Some of us picked brooms and started our job. Some of the students did the dusting of the roads. And others went to the play ground and started picking wrappers lying scattered there. After collecting them they threw them in to the dustbins. After doing this job for two to three hours, we all assembled in the gram panchayat office. There we were given refreshment in the form of bananas and apples.

Thereafter our Principal delivered the speech telling us the importance of sanitation and personal hygiene. He also honored the sweepers of the village for their noble job. In the end we all took oath of keeping our home, locality and city clean. It was a unique experience for all of us. We were curious to be the part of this great drive that could have transformed the face of our country for ever.



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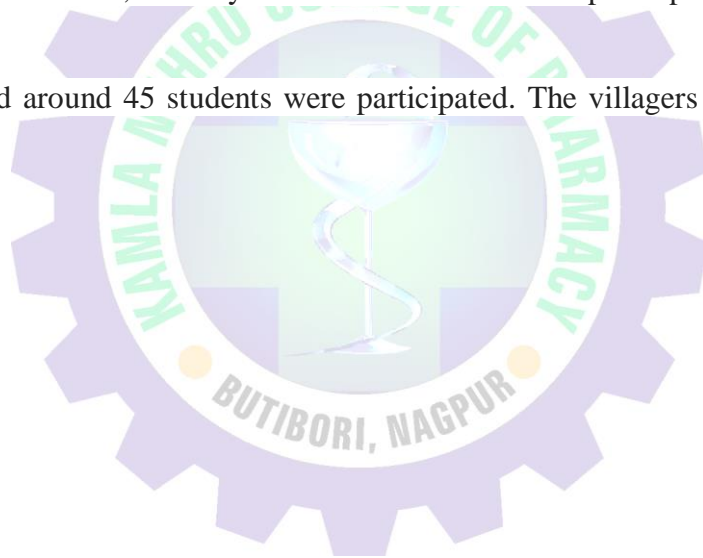
## Awaring women for economy and social well being of community

Awareness program on awaring women for economy and social well being of community was conducted Kamla Nehru College of Pharmacy, at Shirul Village on 15<sup>th</sup> February 2019. The program was organized for villagers and students.

In the inaugural speech, Dr. J. R. Baheti, Principal, emphasis on *Women's economic* empowerment refers to the ability for *women* to enjoy their right to control and benefit from the resources, assets, income and their own time, as well as the ability to manage risk and improve their *economic* status and well being.

Mss. Disha M. Dhabarde, Asst. Prof., emphasis on within the **society**, **women** have important **roles** to perform. The **roles of women** are primarily recognized in the **social**, political, economic, cultural and religious spheres. In these spheres, when they are to possess efficient skills and abilities, so they are able to render their participation in an effectual manner.

Many villagers and around 45 students were participated. The villagers ask for many more such activities.



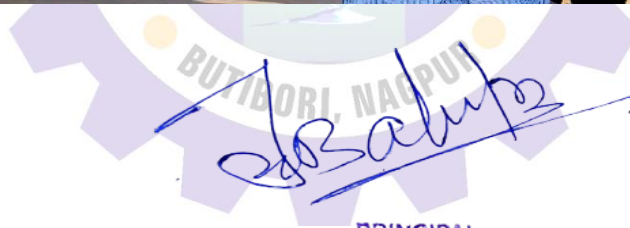
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